


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="color: #C00000; font-family: cursive;">September 2022</h1> <h2 style="font-family: serif;">Vista Del Mar Memory Care</h2>						
9:30 Beauty Hour <b>4</b> <b>10:00 Donuts &amp; Chronicle</b> 10:30 Smoothie Social 11:00 Lunch 1:00 Sunday Hymns 2:00 Courtyard Social 3:00 Courtyard Walk 5:30 Ball Toss	9:30 Beauty Hour <b>5</b> 10:00 Daily Chronicle <b>10:30 Smoothie Social</b> 11:00 Lunch 1:30 Labor Day Social 3:00 Board Games 5:30 Ball Toss <small>Labor Day</small>	9:30 Beauty Hour <b>6</b> 10:30 Exercise 11:00 Lunch <b>1:00 Art Class</b> 2:00 Snack Social 3:00 Word Break Down 5:30 Evening Film	<b>9:30 Beauty Hour &amp; Nail Care 7</b> 10:30 Exercise 11:00 Lunch <b>1:00 Bowling</b> 2:00 Snack Social 3:00 Word Break Down 5:30 Evening Film	<b>9:30 Beauty Hour 8</b> 10:00 Daily Chronicle 10:30 Exercise <b>11:00 Picnic at the Park Outing</b> <b>1:00 BINGO</b> 2:00 Snack Social 3:00 Trivia	<b>9:30 Beauty Hour 9</b> 10:00 Daily Chronicle 10:30 Courtyard Gardening 11:00 Lunch <b>1:00 Group Volleyball</b> 2:30 Happy Hour 5:30 Evening Film	<b>9:30 Beauty Hour &amp; Nail Care 10</b> 10:00 Daily Chronicle 10:30 Courtyard Painting 11:00 Lunch <b>1:00 BINGO</b> 2:30 Snack Social 5:30 Evening Film
9:30 Beauty Hour <b>11</b> <b>10:00 Donuts &amp; Chronicle</b> 10:30 Smoothie Social 11:00 Lunch 1:30 Grandparents Day Social 5:30 Ball Toss <small>Grandparents Day</small>	9:30 Beauty Hour <b>12</b> 10:00 Daily Chronicle <b>10:30 Smoothie Social</b> 11:00 Lunch 1:30 Snack Social 3:00 Board Games 5:30 Ball Toss	9:30 Beauty Hour <b>13</b> 10:30 Exercise 11:00 Lunch 1:00 Art Class 2:00 Snack Social 3:00 Word Break Down 5:30 Evening Film	<b>9:30 Beauty Hour &amp; Nail Care 14</b> 10:30 Exercise 11:00 Lunch <b>1:00 Bowling</b> 2:00 Snack Social 3:00 Word Break Down 5:30 Evening Film	<b>9:30 Beauty Hour 15</b> 10:00 Daily Chronicle 10:30 Exercise 11:00 Lunch <b>1:00 BINGO</b> 2:00 Snack Social 3:00 Trivia 5:30 Evening Film	<b>9:30 Beauty Hour 16</b> 10:00 Daily Chronicle 10:30 Courtyard Gardening 11:00 Lunch <b>1:00 Group Volleyball</b> 2:30 Happy Hour 5:30 Evening Film	<b>9:30 Beauty Hour &amp; Nail Care 17</b> 10:00 Daily Chronicle 10:30 Courtyard Painting 11:00 Lunch <b>1:00 BINGO</b> 2:30 Snack Social <small>Oktoberfest Begins</small>
9:30 Beauty Hour <b>18</b> <b>10:00 Donuts &amp; Chronicle</b> 10:30 Smoothie Social 11:00 Lunch 1:00 Sunday Hymns 2:00 Courtyard Social 3:00 Courtyard Walk 5:30 Ball Toss	9:30 Beauty Hour <b>19</b> 10:00 Daily Chronicle <b>10:30 Smoothie Social</b> 11:00 Lunch 1:30 Snack Social 3:00 Board Games 5:30 Ball Toss	9:30 Beauty Hour <b>20</b> 10:30 Exercise 11:00 Lunch 1:00 Art Class 2:00 Snack Social 3:00 Word Break Down 5:30 Evening Film	<b>9:30 Beauty Hour &amp; Nail Care 21</b> 10:30 Exercise 11:00 Lunch <b>1:00 Bowling</b> 2:00 Snack Social 3:00 Word Break Down 5:30 Evening Film	<b>9:30 Beauty Hour 22</b> 10:00 Daily Chronicle 10:30 Exercise <b>11:00 Picnic at the Park Outing</b> <b>1:00 BINGO</b> 2:00 Snack Social 3:00 Trivia <small>Autumn Begins</small>	<b>9:30 Beauty Hour 23</b> 10:00 Daily Chronicle 10:30 Courtyard Gardening 11:00 Lunch <b>1:00 Group Volleyball</b> 2:30 Happy Hour 5:30 Evening Film	<b>9:30 Beauty Hour &amp; Nail Care 24</b> 10:00 Daily Chronicle 10:30 Courtyard Painting 11:00 Lunch <b>1:00 BINGO</b> 2:30 Snack Social 5:30 Evening Film
9:30 Beauty Hour <b>25</b> <b>10:00 Donuts &amp; Chronicle</b> 10:30 Smoothie Social 1:00 Sunday Hymns 2:00 Courtyard Social 3:00 Courtyard Walk 5:30 Ball Toss <small>Rosh Hashanah Begins</small>	9:30 Beauty Hour <b>26</b> 10:00 Daily Chronicle <b>10:30 Smoothie Social</b> 11:00 Lunch 1:30 Snack Social 3:00 Board Games 5:30 Ball Toss	9:30 Beauty Hour <b>27</b> 10:30 Exercise 11:00 Lunch 1:00 Art Class 2:00 Snack Social 3:00 Word Break Down 5:30 Evening Film	<b>9:30 Beauty Hour &amp; Nail Care 28</b> 10:30 Exercise 11:00 Lunch <b>1:00 Bowling</b> 2:00 Snack Social 3:00 Word Break Down 5:30 Evening Film	<b>9:30 Beauty Hour 29</b> 10:00 Daily Chronicle 10:30 Exercise 11:00 Lunch <b>1:00 BINGO</b> 2:00 Snack Social 3:00 Trivia 5:30 Evening Film	<b>9:30 Beauty Hour 30</b> 10:00 Daily Chronicle 10:30 Courtyard Gardening 11:00 Lunch <b>1:00 Group Volleyball</b> 2:30 Happy Hour 5:30 Evening Film	