

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2020

## Memory Care

<h1>February 2020</h1> <h2>Memory Care</h2>							<p>9:00 <i>Early Bird Special</i> <b>1</b>  <i>Hand Massages</i>  <b>10:00 Upbeat Music: Making the Band</b>            1:00 Afternoon Walk!!!!            2:30 Snack Social  <b>3:00 Afternoon Music Muddy</b></p>
<p>9:00 Morning Chat! <b>2</b>            9:30 Toss It Up!            10:00 Morning Walk  <b>1:00: Ground Hog Day Finger Painting</b>            2:30 Snack Social            6:00 Sing Along: Chuck Berry <small>Groundhog Day</small></p>	<p>9:00 News Review! <b>3</b>            9:30 Beauty Care            10:00 Coffee Social  <b>1:30 AL Buddy Up: Painting</b>            2:30 Zumba w/ Noreen            3:00 Snack Social            6:00 Puzzles</p>	<p>9:00 Beauty Care <b>4</b>            10:00 Strength &amp; Balance            1:00 Afternoon Walk (Sensory Table Games)  <b>1:30 Snack Social &amp; Story Time!</b>            2:30 Zumba w/ Noreen            3:00 Afternoon Music</p>	<p>9:00 Beauty Care <b>5</b>            9:30 Daily Chronicle            10:00 Morning Music &amp; Winter Coloring  <b>1:30 Afternoon Walk</b>            2:30 Zumba            3:00 Movie w/ a Snack            HAPPY HUMP DAY!</p>	<p>9:00 Beauty Care <b>6</b>            9:30 News Review            10:00 Strength &amp; Balance            1:00 Afternoon Walk!            1:30 Fun w/ Food!  <b>2:30 Tomoko's B-Day Social!!</b>            6:00 Bowling</p>	<p>9:00 Beauty Care <b>7</b>            9:30 This Week in News!            10:00 Arts &amp; Crafts            1:00 Walk!  <b>2:30 Happy Hour</b> -Core &amp; Cardio            3:00 Afternoon Film            6:00 Board Games</p>	<p>9:00 <i>Early Bird Special</i> <b>8</b>  <i>Hand Massages</i>  <b>9:30 Story Time!!</b>            9:50 Morning Stretch            1:00 Afternoon Walk!!!!            2:30 Snack Social  <b>3:00 Afternoon Music James Brown!</b></p>	
<p>9:00 Morning Chat! <b>9</b>            9:30 Toss It Up!            10:00 Morning Music  <b>1:00: Afternoon Walk</b>            2:30 Snack Social            6:00 Sing Along: Tina Turner!            HAPPY SUNDAY!</p>	<p>9:00 News Review! <b>10</b>            9:30 Beauty Care            10:00 Coffee Social  <b>1:30 AL Buddy Up: Valentine Card's!</b>            2:30 Zumba w/ Noreen            3:00 Snack Social            6:00 Puzzles</p>	<p>9:00 Beauty Care <b>11</b>            10:00 Strength &amp; Balance            1:00 Afternoon Walk (Sensory Table Games)  <b>1:30 Snack Social &amp; Story Time!</b>            2:30 Zumba w/ Noreen            3:00 Afternoon Music</p>	<p>9:00 Beauty Care <b>12</b>            9:30 Daily Chronicle            10:00 Morning Music &amp; Winter Coloring  <b>1:30 Afternoon Walk</b>            2:30 Zumba            3:00 Movie w/ a Snack            HAPPY HUMP DAY!</p>	<p>9:30 News Review <b>13</b>            10:00 Strength &amp; Balance            11:00 Lunch in the Courtyard!            1:00 Afternoon Walk!!  <b>2:30 Snack Social w/ Live Entertainment</b>            6:00 Bowling</p>	<p>9:00 Beauty Care <b>14</b>            9:30 This Week in News!            10:00 Morning Movie  <b>11:00 Sweethearts Luncheon</b>            2:30 Core &amp; Cardio            3:00 Afternoon Film            6:00 Board Games <small>Valentine's Day</small></p>	<p>9:00 <i>Early Bird Special</i> <b>15</b>  <i>Hand Massages</i>  <b>10:00 Upbeat Music: Making the Band</b>            1:00 Afternoon Walk!!!!            2:30 Snack Social:  <b>3:00 Afternoon Music Etta James!</b></p>	
<p>9:00 Morning Chat! <b>16</b>            9:30 Toss It Up!            10:00 Morning Music  <b>1:00: Afternoon Walk</b>            2:30 Snack Social            6:00 Sing Along: Nina Simone            HAPPY SUNDAY!</p>	<p>9:00 News Review! <b>17</b>            9:30 Beauty Care            10:00 Coffee Social  <b>1:30 AL Buddy Up: President's Day Craft!</b>            2:30 Zumba w/ Noreen  <b>3:00 Gwen's B-Day Social!</b> <small>Presidents' Day (US)</small></p>	<p>9:00 Beauty Care <b>18</b>            10:00 Strength &amp; Balance            1:00 Afternoon Walk (Sensory Table Games)  <b>1:30 Snack Social &amp; Story Time!</b>            2:30 Zumba w/ Noreen            3:00 Afternoon Music</p>	<p>9:00 Beauty Care <b>19</b>            9:30 Daily Chronicle            10:00 Morning Music &amp; Winter Coloring  <b>1:30 Afternoon Walk</b>            2:30 Zumba            3:00 Movie w/ a Snack            HAPPY HUMP DAY!</p>	<p>9:30 News Review <b>20</b>            10:00 Strength &amp; Balance  <b>11:00 Picnic at the Park!</b>            1:00 Afternoon Movie  <b>1:30 Fun w/ Food!</b>            2:30 Snack Social            6:00 Bowling  <u>Family Welcome on Trip!!</u></p>	<p>9:00 Beauty Care <b>21</b>            9:30 This Week in News!            10:00 Arts &amp; Crafts            1:00 Afternoon Walk!!  <b>2:30 Happy Hour</b> -Core &amp; Cardio            3:00 Afternoon Film            6:00 Board Games</p>	<p>9:00 <b>Story Time!!</b> <b>22</b>            9:30 Early Bird  <i>Hand Massages</i>            9:50 Morning Stretch            1:00 Afternoon Walk!!!!            2:30 Snack Social  <b>3:00 Afternoon Music: Delphonics!</b></p>	
<p>9:00 Morning Chat! <b>23</b>            9:30 Toss It Up!            10:00 Morning Music  <b>1:00: Afternoon Walk</b>            2:30 Snack Social  <b>6:00 Sing Along: Motown Hits</b>            HAPPY SUNDAY!</p>	<p>9:00 News Review! <b>24</b>            9:30 Beauty Care            10:00 Coffee Social  <b>1:30 AL Buddy Up: Black History Month Coloring</b>            2:30 Zumba w/ Noreen            3:00 Snack Social</p>	<p>9:00 Beauty Care <b>25</b>            10:00 Strength &amp; Balance  <b>1:00 Mardi Gras Craft</b> (Sensory Table Games)  <b>2:00 Pok Su &amp; Carmen's B-Day Social!</b>            2:30 Zumba w/ Noreen  <small>Mardi Gras</small></p>	<p><b>10:00 Morning Music &amp; Ash Wednesday Coloring</b> <b>26</b>            1:30 Afternoon Walk            2:30 Zumba            3:00 Movie w/ a Snack  <b>5:00 CELEBRITY CHEF!!</b>  <small>Ash Wednesday</small></p>	<p>9:30 News Review <b>27</b>            10:00 Strength &amp; Balance            11:00 Lunch in the Courtyard!            1:00 Neighborhood Walk!!  <b>2:30 Snack Social w/ Live Entertainment</b>            6:00 Bowling</p>	<p>9:00 Beauty Care <b>28</b>            9:30 This Week in News!            10:00 Arts &amp; Crafts            1:00 Afternoon Walk!!  <b>2:30 Happy Hour</b> -Core &amp; Cardio            3:00 Afternoon Film            6:00 Board Games</p>	<p>9:00 <b>Story Time!!</b> <b>29</b>            9:30 Hand Massages            9:50 Morning Stretch  <b>1:00 Leap Year Finger-Painting!!!!</b>            2:30 Snack Social            3:00 Afternoon Movie  <b>HAPPY LEAP YEAR!!!</b> <small>Leap Day</small></p>	