

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# March 2019

## Vista Del Mar Senior Assisted Living



9:00 Baptist Bible Study <b>3</b> <i>10:00 Book Club</i> 1:30 Board Games <b>2:30 Symphonic Jazz Orchestra Outing</b> 3:00 Baptist Worship	9:00 Nail Care <b>4</b> <b>10:00 Painting Circle &amp; Daily Chronicle</b> <i>1:30 Zumba w/ Noreen</i> 2:30 Poker 3:00 Bingo 6:30 Monday Movie Night	9:00 Strength & Balance <b>5</b> <b>10:00 Dollar Tree Mardi Gras Craft</b> <b>1:30 Walmart Mardi Gras Trivia/Puzzles</b> 3:00 Bingo <small>Mardi Gras</small>	<b>9:00 Ash Wed. Discussion &amp; Puzzles</b> <b>6</b> <b>10:00 Ash Wed. Craft</b> 1:30 Zumba w/Noreen 2:00 Snack Social 3:00 Bingo <small>Ash Wednesday</small>	9:00 Strength & Balance <b>7</b> 10:00 Gardening Club <b>1:30 Craft Corner</b> 2:30 Poker 3:00 Bingo 6:30 Baptist Bible Study	9:00 Circle Ball Toss <b>1</b> <b>10:00 Craft Corner</b> <u>1:30 Cardio &amp; Core</u> 2:30 Happy Hour! 6:30 Friday Night Movie w/ popcorn	9:00 Morning Yoga <b>2</b> <b>10:00 Morning Walk</b> 1:30 Afternoon Film 2:00 <i>Social Saturday</i> 3:00 <i>Cards &amp; Dominoes</i>
9:00 Baptist Bible Study <b>10</b> 9:30 Rosary <u>10:00 Book Club</u> 1:30 Board Games 3:00 Baptist Worship <b>5:30 Bingo w/ Timo</b> <small>Daylight Saving Time Begins</small>	9:00 News Review <b>11</b> <b>10:00 Painting Circle &amp; Daily Chronicle</b> <i>1:30 Zumba w/ Noreen</i> 2:30 Poker 3:00 Bingo 6:30 Monday Movie Night	9:00 Strength & Balance <b>12</b> <b>10:00 DD's Discount Clothing Store &amp; Jeopardy!!</b> <b>1:30 99 Cent Store</b> 3:00 Bingo	<b>9:00 Nails w/ Nye</b> <b>13</b> <b>10:00 Art w/ Aja</b> 1:30 Zumba w/Noreen 2:00 Snack Social 3:00 Bingo <b>6:00 Casino Night!</b>	9:00 Strength & Balance <b>14</b> 10:00 Gardening Club <b>1:30 Craft Corner</b> 2:30 Poker 3:00 Bingo 6:30 Baptist Bible Study	9:00 Circle Ball Toss <b>15</b> <b>10:00 Lakewood Mall &amp; Movies</b> <u>1:30 Cardio &amp; Core</u> 2:30 Happy Hour! 6:30 Friday Night Movie	9:00 Saturday News <b>16</b> <b>11:00 St. Patrick Celebration (2 Seating)</b> <u>2:00 Resident Council Meeting</u> 3:00 <i>Cards &amp; Dominoes</i>
9:00 Baptist Bible Study <b>17</b> 10:00 Book Club <b>1:30 St. Patrick Social w/ Caremore</b> 3:00 Baptist Worship <small>St. Patrick's Day</small>	9:00 News Review <b>18</b> <b>10:00 Painting Circle &amp; Daily Chronicle</b> <i>1:30 Zumba w/ Noreen</i> 2:30 Poker 3:00 Bingo 6:30 Monday Movie Night	9:00 Strength & Balance <b>19</b> <b>10:00 Trader Joe's</b> Hot Topics: News <b>1:30 Target</b> 1:30 Jeopardy!! 3:00 Bingo	<b>9:00 Nails w/ Nye &amp; Morning Series</b> <b>20</b> <b>10:00 Watercolor Fun!</b> 1:30 Zumba w/Noreen 2:00 Snack Social 3:00 Bingo <small>Spring Begins</small>	9:00 Strength & Balance <b>21</b> 10:00 Gardening Club <b>1:30 Craft Corner</b> 2:30 Poker 3:00 Bingo 6:30 Baptist Bible Study <small>Purim</small>	9:00 Circle Ball Toss <b>22</b> <b>10:30 The Red Leprechaun</b> <u>1:30 Cardio &amp; Core</u> 2:30 Happy Hour! 6:30 Friday Night Movie	9:00 Morning Yoga <b>23</b> <b>10:00 Neighborhood Walk</b> <b>11-1 Avon Boutique</b> 1:30 Afternoon Film 2:00 <i>Social Saturday</i> 3:00 <i>Cards &amp; Dominoes</i>
9:00 Baptist Bible Study <b>24</b> 10:00 Book Club 1:30 Board Games 3:00 Baptist Service <b>5:30 Bingo w/ Timo</b>	9:00 Nail Care <b>25</b> <b>10:00 Painting Circle &amp; Daily Chronicle</b> <i>1:30 Zumba w/ Noreen</i> 2:30 Poker 3:00 Bingo 6:30 Monday Movie Night	9:00 Strength & Balance <b>26</b> <b>10:00 Albertsons</b> Hot Topics: News <b>1:30 Kohl's Outing</b> 1:30 Jeopardy!! 3:00 Bingo	9:00 Word Breakdown <b>27</b> <b>10:00 Upbeat Music</b> 1:30 Zumba w/Noreen 2:00 Snack Social 3:00 Bingo <b>6:00 Casino Night!</b>	9:00 Strength & Balance <b>28</b> <b>10:00 Art w/ Aja</b> 1:00 Craft Corner <b>2:00 Kitchen Meeting</b> 2:30 Poker 3:00 Bingo 6:30 Baptist Bible Study	9:00 Circle Ball Toss <b>29</b> <b>10:00 Picnic at the Park</b> <u>1:30 Cardio &amp; Core</u> 2:30 Happy Hour! 6:30 Friday Night Movie	9:00 Morning Yoga <b>30</b> <b>10:00 Neighborhood Walk</b> 1:30 Afternoon Film 2:00 <i>Social Saturday</i> <b>3:00 Calendar Review</b>

9:00 Baptist Bible Study **31**  
9:30 Rosary  
*10:00 Book Club*  
**1:30 Men's Cave!!(2<sup>nd</sup> flr)**  
3:00 Baptist Worship



Luck is what happens when preparation meets opportunity.- Seneca

