

# Vista Voice

Vista Del Mar Senior Assisted Living 3360 Magnolia ave Long Beach, Ca, 90806 (562) 595-1559 RCFE#197608029



## Celebrating Fall

### Walk to End Alzheimer's

*October 13<sup>th</sup>*

### Pumpkin Contest

*October 26<sup>th</sup>*

### Teatro Martini Outing

*October 26<sup>th</sup>*

### Halloween Social & Costume Contest

*October 31<sup>st</sup>*

### Family Night Informational

*November 9<sup>th</sup>*

### Veterans Day BBQ

*November 11<sup>th</sup>*

### Thanksgiving Celebration

*November 17<sup>th</sup>*

## The Heat of Autumn

The heat of autumn  
is different from the heat of summer.  
One ripens apples, the other turns them to  
cider.

One is a dock you walk out on,  
the other the spine of a thin swimming horse  
and the river each day a full measure colder.  
A man with cancer leaves his wife for his lover.  
Before he goes she straightens his belts in the  
closet,  
rearranges the socks and sweaters inside the  
dresser

by color. That's autumn heat:  
her hand placing silver buckles with silver,  
gold buckles with gold, setting each  
on the hook it belongs on in a closet soon to be  
empty,  
and calling it pleasure.



## Art with Aja

Every two weeks we have an art class led by art instructor Aja. This gives residents a chance to be creative while still following the guidelines provided. When our residents participate they feel a sense of accomplishment and they rejoice at the finished products. Some believe that as a senior you live a limited lifestyle, but our residents prove time and time again that they are more than able. We have paint, create art with clay and not only that Aja gives us the art history of every project. It's not only fun, it's educational!



**October 13<sup>th</sup>, Saturday at 7:30am** we will be loading up to participate in the 2018 Walk to End Alzheimer's at Rainbow Lagoon Park. We will have a booth at the event, providing refreshments for participants as well as reaching out to the community. We already have a large group signed up to walk who can't wait to get out there and walk for the cause. We want you to join us in helping find a cure. To join our team please register and join our team "Vista Del Mar Senior Living" at: [alzglia.org/walk4ALZ](http://alzglia.org/walk4ALZ)



## Dance Rehearsal

We have a number of talented residents in our community, with dance as one of their favorite past times. You might catch some of these residents showcasing their talent during Happy Hour or in our activity room.

We are excited to announce that we will begin hosting dance rehearsal on Saturday to allow all our talented residents, such as dancers to show their talents. This activity is even for those residents that may not have a history in dance, but enjoy dancing free without judgment or just enjoying the show. Dance is very uplifting and gives them a chance to bring back some of those happy memories from their past time.



## Resident of the Month



**Harold Tyler**

### **“The Lone Stranger”**

Our resident of the month that shines this beautiful season is Harold Tyler. Harold spent most of his life in the greater Los Angeles area and worked as the Director of Activities at El Camino College. He has been a part of our community for a little over two years and he’s made such an impact. He goes out of his way to introduce himself to new residents and gives them a warm and welcoming invite to our family here at Vista Del Mar. Harold is an active participant of activities and encourages he’s peers to join the fun. When he isn’t lending a hand around the community you can find him enjoying a book, reading the Daily Chronicle or playing chess online. We want to say thank you, from your Vista Family.

## ***EL DORADO NATURE WALK***



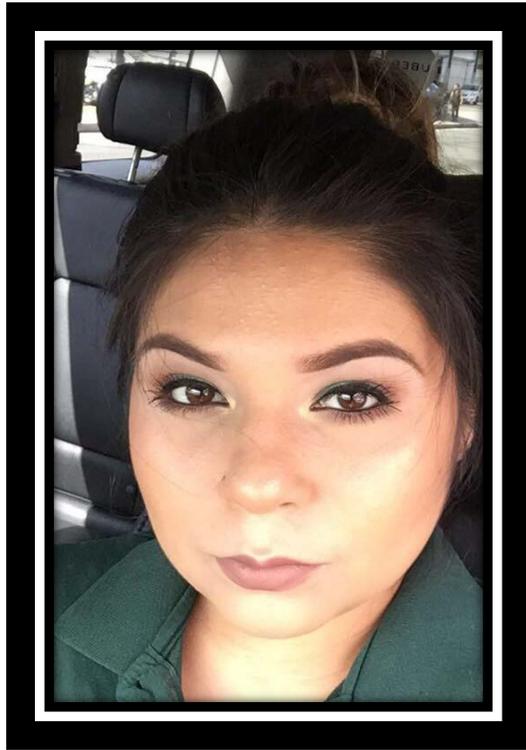
***BOB’S BIG BOY***



***HALLOWEEN***



# Vista Employee



## Gabrielle Hernandez

### Assisted Living Caregiver

At Vista Del Mar we like to show our employees appreciation for all their hard work. This season’s star employee is Gabrielle also known around the community as “Gabby”. Gabby is a hard-worker and a great multi-tasker. She always goes above and beyond to meet our residents needs. You’ll always catch her with a positive spirit and looking for ways to help the community.



## Autumn Birthdays

### October

- Billie S. ....10/1
- Clytie G. ....10/1
- Amelia M. ....10/3
- Geri E. ....10/8
- Gina K. ....10/10
- Lucille G. ....10/12
- Donald B. ....10/14
- Willie L. ....10/17
- Raul M. ....10/19
- Ronald M. ....10/21
- Enriquetta L. ....10/22
- Almira L. ....10/23
- Marla H. ....10/27
- Burnest H. ....10/28
- John B. ....10/30

### November

- Rita A. ....11/1
- Gloria A. ....11/3
- Gorge D. ....11/3
- Jonelle S. ....11/5
- Regina T. ....11/16
- Jose C. ....11/7
- Craig A. ....11/8
- Mary S. ....11/9
- Catherine H. ....11/15
- Adapto R. ....11/20
- Alice G. ....11/21
- Mary M. ....11/21
- Doreen R. ....11/22
- Earl S. ....11/24
- Jack B. ....11/29

### December

- Ernestine P. ....12/3
- LaSalle S. ....12/3
- William P. ....12/3
- Angela S. ....12/4
- Ann J. ....12/7
- Lionel L. ....12/10
- Helen B. ....12/14
- Amalia V. ....12/14
- Larry E. ....12/16
- Sandra B. ....12/17